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Scuba diving

By Y.P. SIVAM
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Photos by RICKY LAI

IT WAS her admiration of and fascination with fish that prompted Irene Lian to venture into scuba diving.

Today, after six months of training, the 23-year-old Lian has successfully completed scuba-diving stints off Pulau Redang, Pulau Tioman and Pulau Perhentian.

And, the jovial lass is looking forward to more underwater adventure in Phuket and Sipadan next year.

Lian said it was curiosity that motivated her to attend a scuba-diving course.

"I was keen to see the fish swimming and scuba diving gave me the chance to watch them from

close range. I had to undergo a strict training programme to earn my stripes as a scuba diver. Being a swimming instructor helped," said Lian after a training stint.

Lian is a graduate of Dolphin Sports, which is based at the Panasonic Sports Centre in Shah Alam and is accredited as a centre for scuba diving by the Professional Association of Diving Instructors (Padi). Under the watchful eyes of L.B. Lee, who is also a qualified swimming instructor, Lian had to attend theory and practical sessions under the watchful eyes of L.B. Lee, who is also a qualified swimming instructor.

Being a swimming instructor, it was quite easy for Lian to master the skills involved in scuba diving.

"I was thrilled after my first dive off Pulau Redang. It was enjoyable and fun being underwater. For me, it was also relaxing," said Lian.



Lian (far left) checking her equipment before a diving training session.

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NAP 102	10.45 am 12.45 pm	3.00 pm 5.00 pm
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